



THE PENNSYLVANIA SOCIETY  
FOR POST-ACUTE AND  
LONG-TERM  
CARE MEDICINE

## Annual Business Meeting

Friday, November 9, 2018

11:30 a.m. – 12:00 p.m.

THE HOTEL HERSHEY

Hershey, PA 17033



**Agenda**  
**Annual Business Meeting**  
**Friday, November 9, 2018**  
**11:30 a.m. – 12:00 p.m.**

- I. Call to Order — Firas A. Saidi, MD CMD
- II. News and/or Issues from AMDA National Organization — Arif Nazir, MD, CMD, FACP, AGSF; AMDA President-Elect
- III. Approval of Minutes of October 20, 2017 Annual Business Meeting — Firas A. Saidi, MD CMD
- IV. Financial Report — Daniel R. Steiner, MD, CMD-R
- V. Elections — Firas A. Saidi, MD, CMD
  - A. Candidates
  - B. Nominations from the Floor
  - C. Vote
- VI. Report from Pennsylvania Medical Society House of Delegates — Sarah Y. Noorbaksh, MD, CMD
- VII. Committee Reports
  - Annual Symposium: Tracy Polak, CRNP, MSN and Brian B. Kimmel, DO, CMD
  - Governance: Firas A. Saidi, MD CMD and Brian B. Kimmel, DO, CMD
  - Membership: Barbara Husic, Executive Director
  - Newsletter: Deborah J Way MD, CMD, FAAHPM
  - Regional Meeting: Daniel Haimowitz, MD, CMD, FACP
- VIII. New Business
  - A. Strategic Plan
  - B. Board Communications
- IX. Adjournment — Firas A. Saidi, MD, CMD

PMDA Annual Business Meeting  
Friday, October 20, 2017, Hershey, PA

MINUTES

**Call to Order**

The meeting was called to order by Dr. Deborah Way, President, at 11:44 AM.

Dr. Way welcomed participants and thanked them for their support.

**Approval of Minutes of October 14, 2016 Annual Business Meeting**

Motion to approve the minutes from 10/14/2016 with no additions or corrections given. Motion carried.

**Prior Year-End Financial Report – Daniel Steiner, MD**

Dr. Daniel Steiner reported that as of 12/31/16, PMDA had \$89,960.47 in assets with the source of income being dues, meeting and industry support.

**Committee Contacts**

Dr. Way reviewed the Committees and their Chairs.

Dr. Way noted that Dr. Saidi will no longer co-chair the Symposium Committee, since he will become President. Tracy Pollack will replace him as co-chair.

**Bylaws Amendment**

Dr. Way reviewed the proposed change in bylaws, which removed the limitation of two non-physician, licensed advance practitioners on the board. The change specifies that there are eight at-large board members.

Motion to approve the proposed amendment to the bylaws. Motion carried.

**Elections**

The candidates were introduced and the bios of the new candidates were reviewed. The following individuals have been proposed for Board of Director nominations:

President (automatic succession) – Firas A. Saidi, MD, CMD

President-Elect – Brian Kimmel, DO, CMD

Director (Physician, 2 year term) – Gary B. Bernett, MD, CMD

Director (Physician, 2 year term) – Charles M. Wasserman, MD, CMD

Director (Physician, partial one-year term) – Zachary W. Simpson, MD, CMD

Director (Licensed Advanced Practitioner, partial one-year term) – Schuyler Barbour-Johnson, MSN, CRNP, ANP-BC

Motion to approve candidates. Motion carried.

### **Adjournment**

The Business meeting was adjourned at 11:56 AM.

PMDA  
The PA Society for Post-Acute and Long Term Care Medicine  
Statement of Financial Position  
December 31, 2017

	YEAR TO DATE	PRIOR YEAR TO DATE
<b>ASSETS</b>		
Cash - Checking	(\$911.52)	\$0.00
Cash Management - Fulton	29,718.40	23,372.01
Vanguard Investments	23,564.11	23,374.63
 Total Cash	 52,370.99	 46,746.64
 Accounts Receivable	 48,482.96	 43,178.66
Prepaid Expenses	195.09	35.17
 TOTAL ASSETS	 101,049.04	 89,960.47
 <b>LIABILITIES AND NET ASSETS</b>		
Accounts Payable - General	20,224.90	17,244.50
Accounts Payable - PAMED	3,286.67	3,159.92
Unearned Revenue	4,590.00	440.00
 Total Liabilities	 28,101.57	 20,844.42
 Net Assets, January 1	 69,116.05	 76,198.75
Change in Net Assets	3,831.42	(7,082.70)
 Net Assets, Year to Date	 72,947.47	 69,116.05
 TOTAL LIAB AND NET ASSETS	 101,049.04	 89,960.47

PMDA  
The PA Society for Post-Acute and Long Term Care Medicine  
Statement of Activity  
For the Month Ended 12/31/2017

	<b>MONTH</b>	<b>YEAR TO DATE</b>	<b>PRIOR YEAR TO DATE</b>	<b>ANNUAL BUDGET</b>
<b>REVENUE</b>				
Membership Dues	(\$1,270.00)	\$23,310.50	\$17,725.00	\$20,000
Interest Earned	25.69	231.88	134.87	100
Newsletter Advertising	0.00	368.00	301.00	400
AMDA Meeting Sponsorship	0.00	2,500.00	0.00	0
Industry Sponsored Symposium	0.00	5,000.00	10,000.00	10,000
Annual Symposium Surplus	23,949.18	23,949.18	26,690.25	24,000
Regional Meeting Surplus	24,203.78	24,203.78	16,488.41	20,000
<b>TOTAL REVENUE</b>	<b>46,908.65</b>	<b>79,563.34</b>	<b>71,339.53</b>	<b>74,500</b>
<b>EXPENSES</b>				
<b>General and Administrative</b>				
Staff Services & Overhead (PAMED)	3,170.50	38,046.00	36,582.96	38,046
Temporary Help	0.00	0.00	0.00	0
Service Charges	120.44	1,131.01	1,175.32	1,500
AMDA Membership Processing Fee	821.50	1,028.00	0.00	0
Accounting Services - Foundation	405.80	2,434.80	2,364.00	2,435
Financial Review Services	0.00	1,200.00	1,175.00	1,200
UBIT Tax	0.00	0.00	0.00	0
Computer Support	0.00	0.00	100.00	100
Supplies	106.51	537.87	330.60	400
Telephone	0.51	13.14	27.61	25
Postage	3.06	655.32	86.77	100
Photocopying & Printing	1.50	237.99	103.46	125
Insurance	0.00	1,381.00	1,381.00	1,425
Miscellaneous (incl. Subscription Services)	0.00	0.00	24.56	35
Donations/Charitable Contributions (AMDA)	0.00	0.00	0.00	0
Awards/Gifts/Prizes	0.00	234.04	117.66	400
Futures Program	0.00	0.00	0.00	0
<b>Total, General &amp; Administrative</b>	<b>4,629.82</b>	<b>46,899.17</b>	<b>43,468.94</b>	<b>45,791</b>
<b>Other Expenses</b>				
Board of Directors	0.00	278.84	803.56	800
Newsletter	0.00	0.00	2,498.96	0
Website	65.00	1,169.94	4,774.32	1,160
Regional Meeting Committee	0.00	0.00	68.08	60
Public Policy Committee	29.97	29.97	0.00	30
Membership Committee	0.00	35.17	0.00	0
Regional Meetings (No Staff Services)	0.00	3,635.31	2,669.41	2,200
Annual Symposium (No Staff Services)	0.00	412.25	543.27	0
PSU/Hershey Staff Support AM & RM	20,000.00	20,000.00	17,000.00	20,000
AMDA Meeting (All Expenses)	0.00	3,271.27	6,595.69	4,000
<b>Total, Other Expenses</b>	<b>20,094.97</b>	<b>28,832.75</b>	<b>34,953.29</b>	<b>28,250</b>
<b>TOTAL EXPENSES</b>	<b>24,724.79</b>	<b>75,731.92</b>	<b>78,422.23</b>	<b>74,041</b>
<b>CHANGE IN NET ASSETS</b>	<b>22,183.86</b>	<b>3,831.42</b>	<b>(7,082.70)</b>	<b>459</b>



**PMDA**

**The Pennsylvania Society for Post-Acute and Long-Term Care Medicine  
Ballot for Election of Officers, Directors and LAPs  
Friday, November 9, 2018**

**OFFICERS**

**Secretary (Vote for One)**

The individual listed below has agreed to be a candidate for the position of Secretary. This is a two-year term.

Dilip K. Elangbam, MD, CMD, FACP

\_\_\_\_\_ (write name of nominee)

**Treasurer (Vote for One)**

The individual listed below has agreed to be a candidate for the position of Treasurer. This is a two-year term.

Daniel R. Steiner, MD, CMD-R

\_\_\_\_\_ (write name of nominee)

**DIRECTORS**

**Directors – Physician**

**Two (2) THREE-YEAR physician board seats will become vacant as of December 31, 2018.** The term will run January 1, 2019–December 31, 2021. The individuals listed below have agreed to be candidates for these positions. Directors serve a three-year term and can serve up to two consecutive terms.

**Director – Physician: Seat 1 (Vote for One)**

Sarah Y. Noorbaksh, MD, CMD

\_\_\_\_\_ (write name of nominee)

**Director – Physician: Seat 2 (Vote for One)**

David J. Luschini, MD, CMD, FACP

\_\_\_\_\_ (write name of nominee)

**Director – Licensed Advanced Practitioner (Vote for One)**

**One Licensed Advanced Practitioner board seat will become vacant as of December 31, 2018.** The term will run January 1, 2019–December 31, 2021. The individual listed below has agreed to be a candidate for this position.

Schyuler Barbour-Johnson, MSN, CRNP, ANP-BC

\_\_\_\_\_ (write name of nominee)



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## **PMDA BOARD CANDIDATE**

**CANDIDACY:** SECRETARY

**NAME/CREDENTIALS:** Dilip Elangbam, MD, MBBS, DNB, MRCP, MRCPI, CMD, FACP

**OCCUPATION/SPECIALTY:** Internal Medicine (Board Certified)

**CURRENT POSITION(S):**

- Private Practice
- Medical Director, Susquehanna Health Skilled Nursing & Rehabilitation Center, Muncy, PA
- Medical Director, Rose View Nursing Home, Williamsport, PA

**LOCATION:** Muncy, PA

**QUALIFICATIONS:**

- Medical Director, Susquehanna Health Skilled Nursing and Rehabilitation Center for 11 years
- Medical Director, Rose View Nursing Home for 3 years
- Program Director for Annual Symposium and monthly Grand Rounds, Susquehanna Health Skilled Nursing and Rehabilitation Center for 5 years
- Member of PMDA, AMDA, ACP, PAMED, ASE
- Member Susquehanna Health Ethics Committee
- Chairman Muncy Valley Hospital Quality and Safety Board
- Past President, Muncy Valley Hospital, Muncy, PA
- Member PMDA Regional Meeting Committee





THE PENNSYLVANIA SOCIETY  
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**PMDA BOARD CANDIDATE**

**CANDIDACY:**

**TREASURER**

**NAME/CREDENTIALS:**

**Daniel R. Steiner, MD, CMD-R**

**OCCUPATION/SPECIALTY:**

Internal Medicine/Geriatrics

**CURRENT POSITION(S)**

UPMC-Community Medicine

**LOCATION:**

Oakmont, PA

**QUALIFICATIONS:**

- Current Treasurer
- Past PMDA President





**PMDA BOARD CANDIDATE**

**CANDIDACY:** **LICENSED ADVANCED PRACTITIONER**

**NAME/CREDENTIALS:** **Schyuler Barbour-Johnson, MSN, CRNP, ANP-BC**

**OCCUPATION/SPECIALTY:** Nurse Practitioner

**CURRENT POSITION(S):** Director of Clinical Operations, Pennsylvania and Delaware Markets, Optum

**LOCATION:** Horsham, PA

**QUALIFICATIONS:**

- BSN and MSN from University of North Carolina at Greensboro
- Board Certified as an Adult Nurse Practitioner from the American Nurses Credentialing Center
- Employed by Optum (formerly Evercare) for 13 years
- Project leader for workgroup that developed and initiated a National OptumCare Communications Process.
- Participated in planning committee for the 2017 National Advance Practice Clinicians Summit for Optum

I oversee clinical leaders and operations team members providing care and operational support to eligible members in both the Institutional and Community OptumCare programs. While I oversee the excellent care our clinicians are providing for our members, I also monitor financial and quality metrics in our clinical programs so that we meet our business objectives.

As the health care system changes, we must become engaged in enhancing health care outcomes and quality metrics. I have a passion for researching strategies on quality improvements and in advocating for polices and regulations to improve the health care system. The Pennsylvania Medical Directors Association has created an environment and inspired a culture that addresses potential issues, adapts to changes quickly, and provides opportunities for the advancement of the health care system. To be able to interface with such a dynamic team of health care providers would be an honor.

**Annual Symposium Committee Report Submitted for 11/8/18 Board Meeting  
26th Annual PMDA Symposium  
November 9-10, 2018  
Hotel Hershey in Hershey, PA**

**Registrants as of 10/25/18 – 143 total**

66 physicians, 39 NPs, 12 RNs, 3 residents/fellows/students: 23 others/did not list credentials  
Both days – 122  
One day only - 21 (16 Friday only; 9 Saturday only)

**14 Exhibitors**

9 Platinum level, 3 Gold level and 2 free (GAPNA Delaware {affiliate};  
AMDA, which is providing several electronic CPGs for door prizes

<b>Platinum Level</b>		<b>Gold Level</b>	<b>Comp</b>
Astellas	Optum	Acadia	AMDA
Avanie	Prepared Health	Lilly	GAPNA
Janssen	Sun Pharmaceutical	Masonic Village Hospice	
Mobilex	Sunovion		
	Teva		

**Revenue to Date**

Registration Income	\$33,555	
Exhibit Income	\$21,840	
ISS Income	<u>\$15,000</u>	
<b>Revenue to date</b>		<b>\$70,395</b>
<b>Expected Expenses</b>		<b><u>\$47,775</u></b>
<b>Net Gain</b>		<b><u>\$22,620</u></b>

**2018 Planning Highlights**

Planning Meetings were held monthly (except July/Aug) starting in December 2017.

It was decided to have PMDA/PMDA staff handle 2018 registration due to complaints about Penn State's Compass registration system. In the 2017 evaluation, we asked about this and survey results showed it didn't seem to be problematic for the majority, but we went through with that decision anyway. Should evaluate this again for 2019.

April: By the April meeting, the program/speakers were well underway, with only 3 slots to be confirmed

May: Agenda was finalized at the May meeting.

Sept: At the Sept meeting, we took advantage of an agenda change that popped up: Dr Kraybill had new POLST info and Dr Lawrence offered his time slot since the ED Workgroup paper likely wouldn't be ready to discuss after all. 7 exhibitors were confirmed by the Sept meeting.

Organizations were offered the opportunity to become an Affiliate Organization with PMDA. GAPNA – Delaware Chapter is a paid Affiliate with Christine Poppe as the point of contact. GAPNA – Liberty Chapter (Ann Kriebel) and AHCHA (Mary Kender) have not yet become paid Affiliate Organizations.

**PMDA**  
**The Pennsylvania Society for Post-Acute and Long-Term Care Medicine**  
**Annual Business Meeting**  
**Friday, November 9, 2018**  
**Governance Committee Report**

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**DRAFT**  
**Board Meeting Minutes**  
**Thursday, October 11, 2018**  
**Telephone Conference**  
**7:00pm – 8:00pm EDT**

**Attendees**

Firas A Saidi MD CMD; Brian B Kimmel DO, CMD; Deborah J Way MD, CMD, FAAHPM; Daniel R Steiner MD, CMD-R; Dilip K Elangbam MD, CMD, FACP; Sarah Y Noorbaksh MD, CMD; David J Luschini MD, CMD, FACP; Zachary W Simpson MD, CMD; Danielle A Snyderman MD, CMD; Schyuler Barbour-Johnson MSN, CRNP, ANP-CN; Molly Langford CRNP; Barbara Husic, PMDA Executive Director

1. Called to order  
The meeting was called to order at 7:05pm EDT.
2. Introductions.
3. Approval of minutes  
After discussion, a motion to approve the minutes was made and seconded; and, the minutes were approved as corrected.
4. Strategic Discussion
  - a. Dues Increase for 2019  
The vote to increase dues for 2019-2020 as proposed passed; and, the new rates were provided to AMDA for inclusion in our joint dues billing for 2019, as follows:

<b>Dues</b>	<b>Physician</b>	<b>Practice Manager</b>	<b>NP/PA</b>	<b>Allied Health</b>	<b>Retired</b>	<b>Student</b>
<b>2019 (1 year)</b>	\$120	\$65	\$90	\$65	Free	Free
<b>2019-2020 (2 years)</b>	\$220	\$115	\$170	\$115	Free	Free

- b. Proposed Change to By-Laws Section on Number, Election and Terms of the Board of Directors for Membership Vote at the 2019 Annual Business Meeting  
Discussion was held on the proposed draft of Article VI, Section 2 of the By-Laws. It was decided that the length of term for all Officers and Directors should be three years; that the number of consecutive terms for all Officers and Directors should be limited to two consecutive terms; and, if no qualified candidate wished to run for a vacant Officer's or Director's seat, the Executive Committee may appoint a PMDA member to that seat.

c. Draft Strategic Plan

Firas Saidi, MD CMD asked members of the Board to review the draft 2018-2021 Strategic Plan, determine for which Goals, Objectives and/or Strategies they wished to act as Team Lead and report their choices by Friday, October 19, 2018.

5. New Business

a. Regional Meeting Committee

Firas Saidi, MD CMD told the attendees that Daniel Haimowitz MD, CMD, FACP will announce his resignation as Chair of the Regional Meeting Committee at the Annual Business Meeting on Friday, November 9, 2018. Discussion was held as to how to recognize his service to PMDA and the Regional Meeting Committee. It was decided that 1) PMDA will fund one \$3,000 scholarship in The Foundation for Post-Acute and Long-Term Care Medicine Futures Program in his name; 2) a framed certificate will be presented to him at the Annual Business Meeting; and 3) a VISA gift card in the amount of \$250 will be presented to him at the Annual Business Meeting.

b. Fall Board Meeting

Firas Saidi, MD CMD confirmed that the Fall Board Meeting will take place on Thursday, November 8, 2018 from 3:00pm-6:00pm EST at The Hotel Hershey, 100 Hotel Road, Hershey, PA 17033

6. Adjournment

A motion to adjourn was made and seconded and the meeting adjourned at 8:10pm EDT.



THE PENNSYLVANIA SOCIETY  
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MEMBERSHIP REPORT AS OF OCTOBER 24, 2018			
<b>Dues Paying Members</b>	<b>Total Dues Paying Members</b>	<b>Members Paid thru AMDA Joint Billing</b>	<b>Members Paid directly to PMDA</b>
Individual - Physician	194	110	28
Individual - NP or PA	59	12	35
Individual - Pharmacist	3	0	0
Affiliate	41	11	10
LTC Industry Partner	4	1	2
<b>Subtotal</b>	<b>301</b>	<b>134</b>	<b>75</b>
<b>Dues Exempt Members</b>			
In Training	6		
Honorary	2		
Emeritus	14		
<b>Subtotal</b>	<b>22</b>		
<b>Total Members</b>	<b>323</b>		
<b># of New Members thru AMDA Joint Billing:</b>	27		
<b>Dues Received</b>			
2018 Dues - paid via AMDA Joint Billing	\$13,735.00		
2018 Dues - paid directly to PMDA	\$6,655.00		<b>Total 2018 Revenue Received to Date (less AMDA Fees): \$19,489.50</b>
2018 Fees - withheld via AMDA Joint Billing	(\$900.50)		
2019 Dues - paid via AMDA Joint Billing	\$3,135.00		
2019 Dues - paid directly to PMDA	\$1,225.00		<b>Total 2019 Revenue Received to Date (less AMDA Fees): \$4,036.00</b>
2019 Fees - withheld via AMDA Joint Billing	(\$324.00)		



**PMDA**  
**The Pennsylvania Society for Post-Acute and Long-Term Care Medicine**  
**Annual Business Meeting**  
**Friday, November 9, 2018**  
**Newsletter Committee Report**  
**Deborah J. Way, MD, CMD, FAAHPM, Chair**

We started the e-newsletter in October 2016. Since launching it we've done a monthly issue, so there were 12 in 2017, and we plan to do 12 in 2018.

The open rate for the newsletter is about 32% (72 people). This is pretty solid for associations. Additionally, we have a 2.9% click rate, which is also in line for e-news publications.

**PMDA Regional Meeting Committee Report  
Submitted for 11/8/18 Board Meeting  
Daniel Haimowitz, MD, CMD, FACPs, Chair**

**Nursing Home Pneumonia: Diagnosis and Management in the 21<sup>st</sup> Century**

February 6, 2018 – 8:15 pm

**Participation:** 102 total completed attestation forms for credit (more attended but did not complete the form. 164 pre-registered)

**Breakdown by location:**

- Bethlehem – 10
  - Erie – 5
  - Harrisburg - 14
  - Lancaster – 11
  - Muncy - 6
  - Philadelphia (Norristown) – 30
  - Pittsburgh (Allison Park) – 20
  - Pittston (Wilkes Barre) - 6
- 

**Please Don't Say THAT to a Family, Say THIS Instead**

May 24, 2018 6 – 8:15 p.m.

**Participation:** 68 total completed attestation forms for credit (more attended but did not complete the form. 138 pre-registered)

**Breakdown by location:**

- Bethlehem – 7
  - Erie – 10
  - Harrisburg - 6
  - Lancaster – 2
  - Muncy - 11
  - Philadelphia (Norristown) – 14
  - Pittsburgh (Allison Park) – 15
  - Pittston (Wilkes Barre) - 3
- 

**Post-Acute and Long Term Care: The Interface with Shared Savings**

September 5, 2018 6 – 8:15

**Participation:** 53 total completed attestation forms for credit (more attended but did not complete the form. 93 pre-registered)

**Breakdown by location:**

- Bethlehem – 3
- Erie – 6

- Harrisburg - 9
- Lancaster – 2
- Muncy - 4
- Philadelphia (Norristown) – 13
- Pittsburgh (Allison Park) – 11
- Pittston (Wilkes Barre) - 5

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**Summary of Expenses**

Expenses paid by PMDA	\$ 3,744.80
Expenses paid by PSU CME	\$ 2,352.77
PSU CME Admin/Credit Fee for 2018	\$ 8,000.00
TOTAL PMDA Regional Expenses	\$14,097.57

**INCOME**

TOTAL PMDA Regional Income (exhibits)	\$ 16,800.00
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<b><u>NET GAIN</u></b>	<b><u>\$ 2,702.43</u></b>
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**2018 Planning Meeting Highlights**

Dr. Haimowitz has resigned his Chairmanship of the Regional Committee effective December 31, 2018. A new Chair (or Co-Chairs) will take over the reigns effective January 1, 2018.

Planning meetings were held monthly with topics/speakers and venue s firmed up very early in the planning, making a much smoother process overall.

By November 2017, the 2018 February and May speakers were already confirmed, with the September speaker identified.

Evaluations were satisfactory for each program, with the May topic being especially well received. AV quality varies by venue, but only minor glitches were reported with 1 exception that occurred in Sept. where there was a major audio issue at one location.

Thinking outside the box was stressed throughout the year in regards to finding new types of exhibitors, working with other groups for marketing help, and working with AMDA to piggy-back webinars or finding topics/speakers. Focused interactions and discussions at each site lead by the hosts before and after the programs was also encouraged. The September program reversed the usual agenda: the presentation happened first followed by PMDA updates and discussion.

For 2019, the Committee members are looking at dates in February, May and September.